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## Unnatural causes place matters youtube

Did you know your street address is a good predictor of your health? Why is that? Learn the answers in Place Matters, a Kanopy Streaming video available through RTC Library. Just go to the Library database page, select Kanopy Streaming, and watch for the Unnatural Causes video Place Matters. While you're there, check out some of the other good videos we're hosting.

O'odham Indians, who live on reservations in southern Arizona, have perhaps the highest rates of Type 2 diabetes in the world. Some researchers see it as the literal embodiment of decades of poverty, oppression and loss. A new approach suggests communities can regain control of their health if they can regain control of their future. Living in disadvantaged neighborhoods is bad for your health VIDEO EXCERPT. Unnatural Causes - Episode 5 Why is your street address such a good predictor of your health? Increasingly, Southeast Asian immigrants like Gwai Boonkeut are moving into neglected urban neighborhoods where African-Americans have long suffered, and now their health is being eroded as well. What can be done to create a neighborhood that promotes rather than destroys health? From the UNNATURAL CAUSES series: Episode 5 – Post business copy the code below to include this clip in your website or blog. To access Kanopy, you need to upgrade your browser. To upgrade, visit your browser's help page below: Google Chrome Firefox Internet Explorer Safari Opera The Pima and Tohono O'odham Indians from southern Arizona have arguably the highest rates of Type 2 diabetes in the world. A century ago, the disease was virtually unknown here, but the subsequent diversion of river water destroyed farms and traditional ways, plunging local tribes into poverty and dependence. A sense of futurelessness took hold. And so does diabetes. Dozens of medical interventions have sprouted not the tide, not just among Native Americans, but worldwide. In 2004, the Pima finally got their water rights back and started again. Community leaders are cautiously optimistic that community empowerment and sustainable and culturally appropriate development can restore prosperity, hope and health. Unnatural causes are a seven-part documentary that criss the nation into how the social conditions in which Americans are born live and affect deep jobs, health and longevity, even more than medical care, behavior and genes. Research suggests that racial discrimination imposes an additional health burden; For many diseases, African-Americans, Native Americans and Pacific Islanders - at all income levels - fared on average worse than their white counterparts. This series challenges fundamental beliefs about what Americans heal - or sick - and provides new remedies for an ailing society. Seven production teams weave the human dimension along with the scientific data through stories capture the ground: EPISODE 1 – IN SICKNESS AND IN WEALTH (56 minutes) EPISODE 2 – WHEN THE BOUGH BREAKS (29 (29 EPISODE 3 - BECOMING US (29 minutes) EPISODE 4 - BAD SUGAR (29 minutes) EPISODE 5 - LOCATION MATTERS (29 minutes) EPISODE 6 - COLLATERAL DAMAGE (29 minutes) EPISODE 7 - NOT JUST A PAYCHECK (30 mins) COLLATERAL DAMAGE Synopsis: In the Marshall Islands, local populations — displaced from their traditional way of life by the U.S. military presence in the Pacific — must contend with the worst of both the developing and industrialized worlds: infectious diseases such as tuberculosis commonly running due to poor sanitation, crowded living conditions and extreme poverty and high rates of chronic diseases arising in part from the stress of disruption and loss. Available by March 2012 by PBS NPS.

Sounds... — USA Today Instructive, informative, depressing and sometimes infuriating. — New York Daily News Provides Dramatic Evidence That We Need New Directives... — Dr. David Satcher, former U.S. surgeon general An Extraordinary Series... — Sarah Olson, Health Promotion Practice The entire Unnatural Causes series is available on DVD in English, with Spanish sound as well as English and Spanish subtitle options. To buy the DVD, click here. A seven-part series bundled into Four Television HoursThe opening 56-minute episode, In Sickness and In Wealth, presents the series' overarching themes. Each supportive half-hour episode, set in another ethnic/racial community, offers a deeper exploration of how social conditions affect population health and how some communities expand their lives by improving them. EPISODE FIVE. 29 MINUTES Why is your street address such a good predictor of your health? Latino and Southeast Asian immigrants like Gwai Boonkeut are moving into long-neglected urban neighborhoods like those in Richmond, California, a predominantly Black city in the San Francisco Bay Area. Segregation and lack of access to jobs, nutritious foods and safe, affordable housing are harmful to the health of longtime African-American residents, and now the newcomers' health is suffering, too. In Gwai's environment, petrochemical companies release tons of pollution each year. But other environmental factors may pose a greater threat to his health. Richmond has higher than the average rates of asthma hospitalization, higher rates of diabetes, and lower life expectancy. Not coincidentally, Gwai's area also has higher rates of poverty, lower income rates and lower rates of educational attainment. Tobacco, beverages and fast food are everywhere, but fresh produce is not. Quality affordable housing is hard to find, and so are safe places to play and exercise. Sixty-five years ago, Richmond was a boom town. During World War II, the Kaiser Shipyard ran 24 hours a day. The war effort drew workers of all ethnicities. But as the war ended and the shipyards closed, thousands of jobs remained. A lot families have taken advantage of federally backed home loans to start fresh in new areas, but discriminatory policies and practices excluding people people color of the same opportunities. Between 1934 and 1962, less than 2% of \$120 billion in government-backed home loans went to non-white households. In Northern California around the same period, out of 350,000 federally guaranteed new home loans, fewer than 100 went to Black families. Across America, in cities like Richmond, African-Americans have been left behind in increasingly neglected neighborhoods. As social conditions worsen, so does health. Studies have shown, for example, that living in a disadvantaged neighborhood leads to a 50-80% increase in risk for heart disease - the number one killer in America. One reason is chronic stress. Worries about violence, hard schools and unpaid bills; live in substandard housing or a polluted environment, not good access to fresh food, reliable transportation, or safe public spaces - all of these have a negative, even toxic effect on health. In the Pacific Northwest, a neighborhood that was once much like Richmond, High Point in West Seattle, is emerging as a promising alternative. Community members, local government and developers have a radical approach in rebuilding this neighborhood - using federal funding to create a mixed-income community with health as its focus. Here, community gardens grow and sell organic products to other residents; neighbors socialize along clean, safe streets; children play in the park; and families with asthma breathe easily in specially designed homes. Although High Point isn't perfect, it's an example of what can happen when residents, government agencies, local officials, foundations and private business work together and take health into account. As Harvard's David Williams reminds us, Housing Policy is health policy. Neighborhood improvement policy is health policy. Everything we can do to improve the quality of life for individuals in our society has an impact on their health and is a health policy. Place Matters is now available in several Asian languages on a separate DVD. The DVD enables you to choose from English, Cantonese, Mandarin, Hmong, Lao and Vietnamese audio with English and/or Mandarin subtitles. Please click here for more information and to purchase the Asian Languages Edition DVD. « Back | Next » Now available for a week-long digital rental to individuals on Vimeo, (\$1.99 per episode, \$4.99 for the entire series). As seen on PBS' Alfred I. duPont-Columbia Award 'Best Film/Radio/TV program of the year, National Academy of Sciences &; Institute of Medicine \* Henry Hampton Award, Council on Foundations \* Congressional Black Caucus / National Minority Quality Forum Leadership in Journalism Award \* TV & Radio Journalism Award, Nat'l Inst. of Healthcare Management (NIHCM)\* 2009 Notable Video, American Library AssociationFor reduced prices on bulk orders of 50 or more, please call us order at 1-877-811-7495 (hours of operation 9:00pm - 5:00pm Eastern time)For Booking Guides, Action Toolkits, Background Background and more visit: www.unnaturalcauses.org UNNATURAL CAUSES sounds the alarm about the extent of our glaring socioeconomic and racial inequalities in health and search for their causes. But those causes are not what we can expect. While we pour more and more money into drugs, dietary supplements and new medical technologies, UNNATURAL CAUSES crisis the country is examining the findings that shake conventional understanding of what really makes us healthy or sick. It's a story that implies us all. We spend \$2 trillion a year and rise on health care, more than twice per person than the average industrialized nation. Still, U.S. life expectancy is 29th in the world, behind Costa Rica. Infant deaths? Cypress, Slovenia and Malta do better. One-third of Americans are obese. Chronic disease now costs U.S. businesses more than \$1 trillion a year in lost productivity. It turns out there's a lot more to our health than bad habits, health care or unfortunate genes. The social conditions in which we are born live and work deeply inflected our well-being and longeiv life. The four-hour series, broadcast by PBS, was conceived as part of an ambitious communications and public engagement campaign conducted with leading public health, policy and community-based organizations. Groups across the country are using UNNATURAL CAUSES and its companion tools (available at www.unnaturalcauses.org) in classrooms, community dialogos, training, policy forums and town hall meetings to help reframe the national debate about health and what we can - and should - do to tackle our health inequalities. SERIES OF STRUCTURAL CAUSES is a medical detective story out to solve the mystery of what is stealing and killing us ahead of our time, especially those of us who are less affluent and darker-skinned. But its investigators keep peeling back the onion, broadening their investigation beyond the immediate, physical causes of death to the deeper, underlying causes lurking in our neighborhoods, our jobs and even back into history. The perpetrators, of course, are not individuals, but rather societal and institutional powers. And theirs is not impulsive crimes of passion. This is slow deaths the result of a lifetime of grinding lying, thwarted ambition, segregation and neglect. But it's also a story of hope and possibility, from communities organizing to gain control of their destinations and their health. The good news is that if bad health comes from policy decisions we've made as a society, then we can make other decisions. Some countries already have, and they live longer, fuller lives as a result. EPISODE ONE: IN SICKNESS AND IN WEALTH (56 min.) The hour-long opening episode paints the big picture. Located in Louisville, Kentucky, it's a story about health, but it's not about doctors or drugs. It's about why some of us are getting sicker more often and first and foremost die. What are the connections between healthy bodies and healthy healthy accounts and skin color? How do social policies and the way we organize jobs and society affect health? Solutions, the show suggests, lie not in more pills, but in more equality. In Sickness and In Wealth, the series' mains put out themes: that health and longevity are correlated with socioeconomic status, that people of color face an additional health burden, and that our health and well-being are tied to policies that promote economic and social justice. Watch excerpts from episode 1Six additional 28-MINUTE EPISODES, each in another racial/ethnic community, explore different health paths (these segments are bundled together two to an hour for the PBS broadcast):WHEN THE BOUGH BREAKS (28 min.) Infant mortality rates among African-Americans remain twice as high as among whites. African-American women with graduate degrees still face a greater risk of delivering pre-term and low birth weight babies than white women who didn't finish high school. In this medical detective story, researchers circle in on the added burden of racism through the course of life as a long-term risk factor. Watch excerpts from episode 2 BECOME AMERICAN (28 min.) Recent Mexican immigrants, though generally poorer, tend to be healthier than the average American. But the longer they are here, the worse their relative health gets. It is known as the Spanish Paradox. Is there something about life in America that is harmful to health? Converging, what's protective about new immigrant communities that we can all learn from? Can community and labor organize reverse the downward trend? Watch excerpts from episode 3 BAD SUGAR (28 min.) This episode travels to the O'odham Indian reservations of southern Arizona, which is marked with the questionable distinction of perhaps the highest rates of Type 2 diabetes in the world. There, it explores a reconceptualisation of chronic diseases as the body's response to futurelessness a condition arising from decades of oppression and historical trauma. It looks at the outlook for a new approach that puts a community that takes control of its own destiny as fundamental to regaining health. Watch excerpts from episode 4 PLACE AFFAIRS (28 min.) Recent Southeast Asian immigrants, along with Latinos, are increasingly moving into what black urban neighborhoods have been neglected and now their health is being eroded as well. What policies and investment decisions promote neighborhood environments that harm or improve the health of residents? And what local actions can make a difference? The Place Matters - Asian Languages Edition is also available as a stand alone DVD with Mandarin, Cantonese, Hmong, Lao and Vietnamese translationsWatch Extracts from episode 5 COLLATERAL DAMAGE (28 min.) Patterns of unequal development mark the Pacific islands and diabetes, cardiovascular and even tuberculosis, takes a growing toll on Pacific Islander populations. In the Marshall Islands and in the unlikely place of Arkansas we are witnessing how U.S. occupation, military policy and globalization affect people's health - often in unexpected ways. Watch excerpts from episode 6 NOT JUST A PAYCHECK (28 min.) How does employment policy and job insecurity affect our health? Residents of western Michigan are battling against depression, domestic violence and an uptick in heart disease and diabetes when the largest refrigerator factory in the country shuts down. Ironically, the plant is owned by a Swedish company, where shutdowns, far from devastating lives, are relatively benign events for some even an opportunity because of Swedish government policies rooted in an ethos of shared responsibility. Watch excerpts from episode 7 \_\_\_\_\_THE COMPANION WEB SITESFor Booking Guides, Action Toolkits, Policy Guides, Backgrounds, Handouts and much more visited: www.unnaturalcauses.orgPlace Matters (Asian Languages Edition) is available as a separate DVD. An online facilitator guide is available for this title. Title.

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